

A Night Prayer

Thank you, Lord, for the day that has passed.
Thank you too for your love and protection.

Forgive me for any wrong I have done this day.
Forgive me for being bad tempered or hard to live
with.

Forgive me for hurting those I should love.
Forgive me for any word of comfort or praise or thanks
which I might have spoken and did not speak.
Forgive me for any help I might have given to someone
in need and did not give.

Lord, I pray tonight for all humankind: for the believer
and the unbeliever; for those who are trying to find
you; and for those who are trying to ignore you.

Bless those who are lonely, and who feel their
loneliness worst of all at evening time. Bless those who
are old or sick, or who will not sleep tonight. Bless all
homes and families and bless those who have no home
of their own.

Give us all restful sleep, and the peace of heart that
comes from knowing that our sins are forgiven, and
that we are always in the hands of our heavenly
Father. Amen.