

*St. Malachy's  
Church,  
Armagh*

Stations of the Cross



### **First Station: Jesus is condemned to Death**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: It is necessary that we accept the cross of tribulation willingly, at least with the higher part of our soul, as Jesus accepted His condemnation in perfect conformity to the will of the Father.--  
Saint Paul of the Cross

Prayer: O Jesus! so meek and uncomplaining, teach me resignation in trials.

One Our Father, Hail Mary, Glory Be



## **Second Station: Jesus Receives the Cross**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: Most fortunate is the soul who walks by the way of Calvary, following Jesus our Redeemer, for if we suffer with Christ now, with Christ we shall reign in the glory of the Father --Saint Paul of the Cross

Prayer: My Jesus, this cross should be mine, not Yours; my sins crucified You.

One Our Father, Hail Mary, Glory Be



### **Third Station: Jesus Falls for the First Time**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: Come and see our Saviour enduring so much suffering, so many insults, and oppressed with the heavy burden of the cross, for love of us. Contemplate the Son of God, Redeemer of the world, and how much He is suffering. O Jesus in Your sufferings I see the gravity of my sins. Lord have mercy! --Saint Paul of the Cross

Prayer: O Jesus! by the first fall, never let me fall into mortal sin.

One Our Father, Hail Mary, Glory Be



### **Fourth Station: Jesus Meets His Mother**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: The Sorrowful Mother seeks her Divine Son, Jesus; she meets him on the way to Calvary; she sees Him bound, crowned with thorns, with the cross on his shoulders. O Queen of Martyrs, we also have been your sorrow that, like a sharp and unrelenting sword has pierced your soul --Saint Paul of the Cross

Prayer: O Jesus! may no human tie, however dear, keep me from following the road of the Cross.

One Our Father, Hail Mary, Glory Be



### **Fifth Station: Jesus is helped by Simon of Cyrene**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: Those who suffer tribulations, suffering, persecutions, and are despised for the love of God are helping Jesus Christ carry His cross. If they persevere, they will be partakers of His glory in heaven -- Saint Paul of the Cross

Prayer: Simon unwillingly assisted You; may I, with patience, suffer all for You

One Our Father, Hail Mary, Glory Be



### **Sixth Station: Veronica Wipes the Face of Jesus**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: The remembrance of the most holy Passion of Jesus Christ is the door through which the soul enters into intimate union with God, interior recollection and most sublime contemplation. It must be impressed deeply on our souls as we allow ourselves to be immersed in His bitter sufferings, for through these the love of God is enkindled in us and we will then be plunged in the abyss of the divinity -- Saint Paul of the Cross

Prayer: O Jesus! You imprinted Your Sacred features upon Veronica's veil; stamp them also indelibly upon my heart.

One Our Father, Hail Mary, Glory Be



### **Seventh Station: Jesus Falls for the Second Time**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: The greater number of Christians live unmindful of all that Jesus, our Life, has done and suffered. That is why they live on, sleeping in the night of iniquity -- Saint Paul of the Cross

Prayer: By the second fall, preserve me, dear Lord, from relapse into sin.

One Our Father, Hail Mary, Glory Be





## Eighth Station: Jesus speaks to the Women of Jerusalem

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: The most holy Passion of Jesus Christ is the most efficacious means to convert obstinate sinners, because meditation on the sufferings of our Saviour has power to root out vice and implant love and holy fear of God in the soul -- Saint Paul of the Cross

Prayer: My greatest consolation would be to hear You say: "Many sins are forgiven you, because you have loved much."

One Our Father, Hail Mary, Glory Be



### **Ninth Station: Jesus Falls for the Third Time**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: Let us be glad when we are afflicted and the cross is most heavy on our shoulders, because then if we suffer with the patience of Christ we will begin to be His disciples -- Saint Paul of the Cross

Prayer: O Jesus! When weary upon life's long journey, may You be my strength and perseverance.

One Our Father, Hail Mary, Glory Be



### **Tenth Station: Jesus is Stripped of His Garments**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: Jesus permitted Himself to be despoiled of His garments on Calvary in order to teach us to renounce our own will when it is not conformable to the will of the Father. He wants us to strip ourselves of earthly affections and all inordinate love of the things of this world, so that we may clothe ourselves with the virtues of Christ -- Saint Paul of the Cross

Prayer: My soul has been robbed of its robe of innocence; clothe me, dear Jesus, with the garb of penance and contrition.

One Our Father, Hail Mary, Glory Be



### **Eleventh Station: Jesus is Nailed to the Cross**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

**Meditation:** We must glory in nothing else but in being crucified with Jesus and in bearing the marks of His wounds in our body. We must strive for great detachment from creatures in order to be united only with the Creator, through the various sufferings and pains of life, endured for the love of God, in patience, silence in the midst of all the sacrifices demanded by our state in life, and by practicing the virtues taught by our Divine Savior -- Saint Paul of the Cross

**Prayer:** You forgave Your enemies; my God, teach me to forgive injuries and FORGET them.

One Our Father, Hail Mary, Glory Be



## Twelfth Station: Jesus Dies on the Cross

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: Jesus died to give us life: all creatures are in sorrow: the sun is darkened, the earth trembles, the rocks split, the veil of the temple is rent; will only our heart remain harder than the rock? Let us be immersed in a sea of sorrow over the death of Jesus and let us say to Him: "Lord, we thank you for having died on the cross for our sins." -- Saint Paul of the Cross

Prayer: You are dying, my Jesus, but Your Sacred Heart still throbs with love for Your sinful children.

One Our Father, Hail Mary, Glory Be



### **Thirteenth Station: Jesus is Taken Down from the Cross**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: If we go to the crucifix, we find our Mother of Sorrows, for where the Mother is, there also is the Son. Dear Mother, what sorrow you experienced in receiving your dead Son into your arms! We beseech you, Holy Mother, grant that the Passion of our Lord may be for us a fountain of sorrow, of pardon, of love and of life. --  
Saint Paul of the Cross

Prayer: Receive me into your arms, O Sorrowful Mother; and obtain for me perfect contrition for my sins.

One Our Father, Hail Mary, Glory Be



### **Fourteenth Station: Jesus is Laid in the Tomb**

We adore You, O Christ, and we praise You.  
Because by Your Holy Cross You have redeemed the world.

Meditation: Devotion to the Passion of Jesus is the easiest way to be saved. The crucifix is a book wherein we learn every virtue, we learn the science of the saints, and therein we find all. --Saint Paul of the Cross

Prayer: When I receive You into my heart in Holy Communion, O Jesus, make it a fit abiding place for Your adorable Body.

One Our Father, Hail Mary, Glory Be