

# PRAYING WITH YOUR KIDS



## GRACE BEFORE MEALS

Bless us, O God, as we sit together.  
Bless the food we eat today.  
Bless the hands that made the food.  
Bless us, O God.  
Amen.

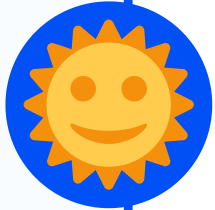


## GRACE AFTER MEALS

Thank you, God, for the food we have eaten.  
Thank you, God, for all our friends.  
Thank you, God, for everything,  
Thank you God.  
Amen.

## MORNING PRAYER

Father in heaven, you love me,  
you are with me night and day.  
I want to love you always  
in all I do and say.  
I'll try to please you, Father,  
bless me through the day.  
Amen.



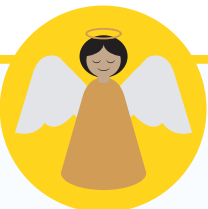
## NIGHT PRAYER

God our Father, I come to say  
thank you for your love today.  
Thank you for my family  
and all the friends you give to me.  
Guard me in the dark of night  
and in the morning send your light.  
Amen.



## PRAYER TO MY GUARDIAN ANGEL

Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day/night be at my side,  
to light and guard, to rule and guide.  
Amen.



## PRAYER FOR OUR FAMILY

Jesus, thank you for our family. Help us to be loving and kind towards each other. Show us ways to help others. Make us quick to forgive so our home can be full of your joy and peace. Bless our family so we can all follow your holy will and live together in your love. Amen.

